

Hello everyone and happy Sunday!

Last week we learned about the Bible story of Samson and Delilah. If the kids want a refresher you can read the story to them again pages 146-151 in the Beginners Bible.

We learned about Samson and the special strength God gave him. Samson was special to God. God wanted Samson to save his people from the Philistines. Samson was told his strength was in his long hair and never to cut it. Even though he was tricked by Delilah and she cut his hair, God still gave Samson strength when he prayed to him: "God please give me strength one more time" Judges 16:28

While learning about the Bible story of Samson we learn that:

1. God made each of us for a reason and we are all very special to God.
2. God hears us when we pray.
3. God gives us great strength.

Discussion:

1. Brainstorm with your child what has God given you strength to do? Maybe something that was hard and you didn't think you could do? (Lily's answer to this was cartwheels and push ups)
2. God hears us when we pray, what can we pray for God to give us strength for this week?

Strength Activity game:

Find some different objects of varied weight around your home and set them out for your child to lift. Have one of the objects be too heavy for them to lift. Help them lift it (like God helped Samson to be strong)

Have fun!

Craft activity:

Make a paper crown of long hair with construction paper.

1. First cut a band of paper long enough and make into a circle and sit on your child's head like a crown.
2. Cut long thin strips of construction paper to glue around the crown.

Have a great week!

Blessings,

Lisa and Lynn