

Hello everyone.

Is it winter or spring at your house? This week has been a bit of both at my house. We even had snow flurries. It seems as if the weather does not know what it is supposed to do.

Sometimes our lives can be like that too. Read your bible story about “Jesus Goes to Heaven.”

Imagine their wonder and confusion as they watch Jesus go to Heaven.

They have seen so much, heard so much, and have been a part of so many happenings and some of it they just did not really understand. Now their Jesus is up in Heaven and there they are — just left, standing around, looking up at a now empty sky.

Sometimes our life can be just so fast, confusing and more than we can understand. We just get tired and want some quiet, some peace.

It is very important to remember that God sent the angels to these disciples as they looked at the sky. Reminding them of the job Jesus had given them to do. “Spreading God’s Word”, teaching people how to LOVE one another to take CARE of one another.

God took care of these disciples by telling them through the angels what they were to do. Reminding them that Jesus would come again but that HE and JESUS was always with them and always there for them to come to when life just got to be too much.

What do you or your family members do when life gets to be too much?

Listen to up lifting music. Draw a picture of something happy. Call and talk to a friend. Sit and listen to the quiet. Take a walk and watch nature, and listen to nature. Have a cup of tea and just do nothing.

Remember that God and Jesus know all of your confusion, pain and needs. Remember to ask God and Jesus to help you find peace that you can then share with others.

Draw a picture of all of the things you remember that Jesus taught the disciples. Put this picture up where you can see it everyday and remember to Thank God for BEING THERE for us to come to.

Happy Spring,

Miss Lynn